BookGist Summary

There Is Love: My Near Death Experience And Beyond

by Debora Christy Love

Key Takeaways

• The author interprets her childhood near-death experience as an encounter with unconditional love and a wider spiritual reality. Its central message—“There Is Love”—becomes the book’s guiding idea.

• Intuition and spiritual perception are presented as abilities that can be strengthened through meditation, attention, and creative practice, though the author also describes learning to trust her own judgment.

• The author sees life events, relationships, and coincidences as meaningful connections that can help people recognize their purpose and heal old emotional patterns.

• Personal growth can require painful change. After nearly three decades of marriage, the author decides that a life once filled with love and stability no longer fits who she has become.

• The book frames past-life memories and recurring relationships as ways to understand present-day bonds, grief, conflict, and forgiveness.

• Love, in the author’s spiritual worldview, is expansive and inclusive: people remain connected across separation, death, and changing roles, while each person retains the freedom to choose.

• The author presents creativity, healing work, and service to others as ways of staying connected to the self and contributing to a more compassionate world.

• Grief and difficult emotions deserve acknowledgment rather than denial; they can provide information about what matters and what may need to change.

• The book's practical spiritual advice emphasizes personal responsibility: examine beliefs, choose responses consciously, and use love and nonjudgment as guides.

Who Should Read This Book

This book is best suited to readers interested in near-death experiences, intuition, mediumship, reincarnation, spiritual healing, and memoirs about major life transitions. Readers who have felt out of step with family expectations, struggled to trust their inner guidance, or faced the painful choice to leave a familiar life may find the author's account especially resonant. Its personal stories—from childhood perceptions and grief to divorce, remarriage, and spiritual work—offer a vivid picture of how one person makes meaning from experience and change. Readers should approach the book as a deeply personal account of spiritual beliefs rather than a scientific argument for them. Compared with more research-oriented NDE books, it devotes less attention to clinical evidence and more to the author's interpretations of past lives, guides, synchronicities, and relationships. Its combination of memoir and practical spiritual reflections may appeal to readers of inspirational spirituality and self-discovery books who want both a life story and a framework for thinking about love, grief, purpose, and personal choice.

Chapter Summaries

Chapter One: A Visit to Heaven

The author recalls undergoing tonsil surgery in 1967, shortly before her fourth birthday. As a child, she experiences the anesthetic mask as an attack and struggles to breathe. In the darkness, she sees swirling colors, then a brilliant light that draws her forward. She describes feeling completely known and accepted in the light, where she understands herself as part of many lifetimes and hears the answer to "Who Am I?": "You are all of them." Guides reassure her and show her a living garden, a place of seemingly limitless knowledge, and a realm of art, learning, and music. During the experience, the child meets the radiant being who identifies himself as Sanat Kumara and tells her that her mission will succeed, though it will not always be easy. He adds that her future children will always be looked after. When she is shown her mother's grief at the prospect of her death, she chooses to return to Earth, despite wanting to stay. Back in the hospital, she tries to explain that she visited "the other place," but adults assume she was dreaming, and the memory begins to fade. The chapter establishes the book's central themes of unconditional love, spiritual belonging, and a life purpose that

may not be understood until later.

Chapter Two: The Early Years After NDE

After returning home, the author deals with pain and recurring nosebleeds, while also beginning to hear thoughts she attributes to a spirit guide. She names the guide Many Tail Feathers, who gives her information about small future events, including a knife falling and her father returning with a new sweater. She tests the guidance in ordinary situations, sometimes choosing not to follow it, and learns that her family's responses to her unusual knowledge are mixed. A childhood home brings further encounters: an unseen girl communicates with her, and later appears as a frightened child's ghost. The author's grandmother quietly helps the spirit move on. The chapter shows the author learning that sharing her perceptions can lead to confusion or anger, so she increasingly keeps them private. She describes foreknowledge of her mother's miscarriage and later prediction of another child, as well as spontaneous memories and reactions that she eventually associates with a past Native American life. Many Feathers tells her that two important men will enter her life and that they will communicate again when she is thirty-seven. These early episodes foreshadow the memoir's recurring ideas: intuitive knowledge, the difficulty of being believed, family bonds, and the gradual return of spiritual memory.

Chapter Three: Pieces of the Puzzle

As a school-age child, the author faces moments of isolation and learns that adults may dismiss her experiences. After a classmate punches her and the teacher doubts her, Many Feathers comforts her with the thought "God knows." When she reports hearing the message, the teacher reacts with alarm rather than reassurance. The author concludes that it is often easier to keep unusual perceptions to herself. She also recounts sensing a teacher's pregnancy before it is announced and realizing that her friends may not understand how she knows. Other memories suggest a continuing connection to another life: she insists that she has "always" had long hair, feels a strong identification with Native people while watching a Western, and recognizes a plant as medicine. She experiences a vivid out-of-body episode in which she flies above her neighborhood and sees her sleeping body, then hears the word "God" when she looks into her own eyes. At eleven, her grandfather's book about near-death experiences helps her remember that she had tried to describe "the other place" as a toddler. Her grandmother predicts the memory will return in adulthood. The chapter ends with adolescence, including a painful move and the lonely work of adapting to new schools and social circles.

Chapter Four: The Spiral of Life

In high school, the author meets Harmen, whom she understands as one of the two special men foretold by Many Feathers. They marry young and build a life together, while the author continues to receive occasional predictions. On her wedding day, she senses that her

maternal grandmother will die within a year; the prediction comes true shortly before their first anniversary. She later has three children—two boys with a daughter between them—matching the family pattern she had noticed in her grandmother's photograph. She describes motherhood as a deeply meaningful period and remembers moments of tenderness between Harmen and their daughter. The chapter also records premonitions that become clearer in hindsight: a question about whether different interests will affect the marriage receives the answer "Not for about thirty years," and she senses that someone important is present when Harmen tells her he worked on a nearby house. The author discusses dreams, including a visit to a Native village in Montana that later helps unlock memories of a past life. Alongside a busy family routine, she senses losses before they occur and witnesses her mother's illness and death. The rhythm of births and deaths leads her to think of life not as a simple circle but as a spiral, with relationships and pivotal moments returning in altered forms.

Chapter Five: Inner Changes Begin

Following her mother's death, the author and her siblings begin finding dimes in unexpected places, which they interpret as signs of their mother's continuing presence. The author turns toward creative work, joining a writers' group and developing poetry, stories, and collaborative writing. She also begins painting, recognizing that creative activity gives her a sense of personal identity beyond her roles in family life. She reflects that hobbies and self-directed interests can help people—especially parents—retain a sense of self as their children grow up and become independent. The author's search for spiritual connection leads her to a psychic-development group. Meditation helps her reconnect with Many Feathers, and she sees his face in an orb, learning that she had been his wife in a past life and was called Wind Whisperer. She finds a historical photograph of Chief Many Tail Feathers and remembers a life with the Blackfoot in Montana, including her relationship with Harmen, whom she identifies as Pale Horse, and with their daughter, who is her daughter again in the present. These memories bring together earlier clues—the Montana dream, a white-horse painting, and her daughter's newborn appearance. The chapter also describes Reiki, empathy, and the author's growing awareness that spiritual and creative work are becoming central to her life.

Chapter Six: Merkaba Ring

As memories of her near-death experience return, the author feels increasingly homesick for the peace and love she experienced beyond the body. She recognizes why the memory had been inaccessible during childhood: the contrast with ordinary life might have made growing up difficult. A psychic reading triggers the remembered words "Your children will always be looked after," allowing her to recall meeting Sanat Kumara and complete a major piece of the NDE story. She understands this renewed awareness as part of a broader spiritual awakening and a call to help others remember their connection to a larger reality. At the same time, she feels increasingly out of place at her nursing-home job and begins preparing for a new direction. During surgery for a long-standing gynecological condition, she experiences herself

leaving her body and hearing the surgeon remark that the condition explains her symptoms. She later remembers a conversation with a guide who asks whether she is sure she can leave her old life; she answers that she can. Afterward, an online Lightworker community provides companionship, meditation, and a way to connect with people who share her interests. A silver Merkaba ring becomes an important symbol: she feels guided to buy one, receives a second message that it is a “wedding ring,” and begins corresponding with David, an online friend whose energy and interests feel strikingly familiar.

Chapter Seven: Mourning Doves

The author’s inner life changes while her outward family life remains stable. She loves and respects Harmen, but increasingly feels alone as their children become adults and their shared goals seem to have run their course. She connects the long, low periods of depression she has experienced with grief for a relationship that has been changing gradually. Her bond with David deepens through emails, phone calls, and conversations about spirituality and social change. During one deeply emotional exchange, the sound of mourning doves in Tucson recalls the birds that have always stirred a sense of loss in her; she understands them as a reminder of her connection with David across time. This recognition does not make the decision to change her life simple. The author anticipates the pain her departure would cause Harmen and their children, and struggles between loyalty to the life she built and a longing for a new sense of purpose. She interprets her mother’s message—“If you do not leave, you will end up just like me”—as a warning that continued denial could cost her health and vitality. Rather than explain her unhappiness to her family early, she initially considers leaving quietly and secretly books a flight to Arizona. A friend’s unexpected gift of a book by Neale Donald Walsch, following a message about a book waiting for her, becomes another sign that she should pay attention to the changes underway.

Chapter Eight: Dark Night of the Soul

In October 2009, the author travels to the Toronto airport intending to fly to Arizona and meet David. U.S. Customs questions her plans and refuses her entry because she has no return ticket and lacks evidence that she will return to Canada. Humiliated and unable to continue, she calls her daughter, and her attempt to leave becomes known to Harmen and the family. The family is shocked and hurt, hoping she will reconsider. They focus on their expectations for the family home and holidays, while the author realizes that she has hidden her unhappiness so thoroughly that they had no opportunity to understand it before the crisis. The failed trip begins what she calls a dark night of the soul. She continues to love her family and does not want to inflict pain, but she feels that she cannot return emotionally to the old life. Her relationship with David remains distant, and immigration rules mean they cannot yet be together. Friends and relatives judge her choices, and some withdraw from her. The author reflects on how outsiders may confuse an apparently successful life with a fulfilling one, and how fear of social disapproval can keep people from examining their own circumstances. She

draws comfort from the belief that the change has a deeper purpose and from a dream of a spiritual marriage with David, while accepting that the practical and emotional road ahead will be long.

Chapter Nine: Past Lives and Memories

The author trains in hypnosis and past-life regression, discovering that the work allows her to explore memories she associates with earlier lives. She recalls a life in Africa in which she was a man whose village was destroyed, and another in England around 1800 in which she died in childbirth, leaving David's character a young daughter. She also revisits the Native American life with Many Feathers and David, and an ancient life in which she wanted David but was compelled to marry Harmen. She interprets the memories as explanations for recurring grief, separation, and powerlessness in her present circumstances. As she works through these experiences, the author begins to practice regressions with others and develops a service-based spiritual career. David independently describes details in a regression that match the English lifetime she had seen, strengthening her conviction that the process can reveal useful information. Meanwhile, David discovers that the man he believed was his father may not have been his biological father. The author receives the message that David is "Love," which he connects to John Love, a man from his childhood who may have been his birth father. A further memory of a pre-life "Viewing Room" gives the author a framework for the painful choices ahead: she believes she and Harmen had agreed to a difficult life lesson before incarnation. The chapter ends as David arrives in Ontario and the author leaves her former home to begin a new chapter.

Chapter Ten: A New Life Begins

After David arrives, the pair meet in Jackson Park, where they take their first walk and share their first kiss. They move into a rented cottage on Chemung Lake and experience a long-awaited period of closeness, learning how they relate in person after months of online conversation. The author describes their happiness alongside the disorientation of leaving a familiar marriage, home, and family structure. She also acknowledges that her children remain upset and that rebuilding trust will take time. The summer becomes a season of new beginnings: walks, swimming, sunsets, and time together. The author revisits the house where her mother and grandparents once lived, now changed and depleted, and reflects on the difference between a place's physical condition and the memories it holds. David works on a manuscript that will become Love Illuminations, drawing on his spiritual writing and on the family names connected with his identity. The couple also retouch and acquire matching symbolic tattoos and, after an earlier search, obtain a second Merkaba ring for David. When their cottage stay ends, they receive the same reassuring message—"Everything will be okay"—but must face another separation while David's immigration status is unresolved.

Chapter Eleven: Preparing Our Home

The author moves into an apartment in a century-old house, cleaning and restoring it as she prepares for the possibility that David will join her. She makes connections through a psychic-development class and a Spiritualist group, and begins building a social life distinct from the one she shared with Harmen. Before Christmas, she learns that Harmen's brother Mike has died by suicide. She supports her friend Cindy and attends the funeral with her former family, recognizing the depth of grief and the difficulty of knowing what pain another person may be carrying. She helps create one last Christmas gathering in the family home before it is sold, then blesses the empty rooms as she leaves. The chapter balances solitude, spiritual community, and family loss. The author recounts a startling computer message that appears to say "I love you" in a red font while David is offline; she later interprets it as a message from her deceased mother, whose birthday falls that day. She also describes leading a past-life regression for friends Danny and Heather, through which they recognize a connection in an earlier life. Meanwhile, practical events unfold: her divorce is finalized, a snowstorm leads to a car accident, and she replaces her damaged car with one she had long wanted. She interprets these events as signs of a fresh start, while also learning that independence brings both freedom and loneliness.

Chapter Twelve: Our Wedding

David returns to Canada in May 2011 after a long separation and a complex immigration process. Their reunion is joyful, though a car accident on the drive home from the airport becomes an unexpected first event of their new life together. The couple plans a small outdoor wedding at Jackson Park, where they first met in person. The author wears the pale-yellow dress she had once sensed would become her wedding dress, borrowing her sister Jeanette's longer version. Although she expects little family support, friends and some relatives attend; her daughter Deanna is the only child present and receives a locket with a picture of her parents. The wedding is followed by a honeymoon at a cottage near Algonquin Park and then by the practical work of building a shared life. The author and David gather extensive paperwork for David's permanent-residency application, while he completes ministry courses and continues writing. She begins helping her elderly relative Aunt Rhea with care and administrative responsibilities, which grow as Rhea's health declines. The author also describes the gradual, painful distance between herself and her children and her hope that their relationship will improve with time. The chapter shows both the joy of choosing a new partnership and the responsibilities, grief, and bureaucratic challenges that accompany that choice.

Chapter Thirteen: Following the Rainbow

The author spends considerable time supporting Natalie, a spiritually sensitive twelve-year-old who feels isolated by her ability to perceive spirits. She listens, teaches her to set boundaries with spirits, and shares energy-healing practices, but the responsibility becomes demanding. Her friend Sherry offers to help. Around this period, the author experiences a disturbing vision

of the aftermath of the French Revolution and awakens with the words “My Father And I Are One.” She takes the message as a reminder that inner spiritual resources are available even when circumstances feel overwhelming. With Sherry’s help, the author and Natalie piece together what they believe was a shared past life: Sherry had been an aunt who protected the author after revolutionary violence, and Natalie had been a child entrusted to her care. The author sees these memories as a way for the group to understand their current bonds and heal old experiences. Meanwhile, the couple’s plans shift toward leaving Peterborough. Their spiritual-development work and business struggle to attract consistent attendance, and David receives an impression pointing toward Barrie. The author contacts a metaphysical shop there, speaks with its owner, and learns of a house that matches details she has been given. A double rainbow appears during their first visit, confirming for her a vision she had received years earlier. They move to Barrie and discover that their new street, Rose Street, echoes her mother’s name.

Chapter Fourteen: Constant Flux

In Barrie, the couple assembles a varied working life: the author offers readings, past-life regressions, Reiki, and classes; David develops a handyman business and officiates ceremonies; and both volunteer at spiritual gatherings. The author describes her work with Natalie as training in helping what she calls “lost ones”—spirits she believes are trapped in fear or shame—to move toward the light. She explains her approach as calm, compassionate, and grounded in choice, offering the spirits an invitation to leave rather than treating them as sources of fear. She also reflects on how a person’s emotional state may make them more receptive to unwanted spiritual influences, while emphasizing love and nonjudgment as the response. The author’s personal and professional life continues to change. Her work with Sherry and Natalie reveals further connections among their presumed past lives, including a story involving a French royal family and the children they raised. The couple eventually secures a mortgage for the house they had been renting, and David receives permanent-resident status after years of paperwork. They travel to meet his family in Arizona and Indiana; the author visits his brother Kenneth, despite having dreamed that he might die before she met him. Kenneth later dies unexpectedly, and the author recalls receiving a message that he is well. She and David later assist at a Spiritualist church, reconnect with her children, complete a music album, and begin preparing for the book itself. The chapter’s title reflects the ongoing movement of work, relationships, grief, and purpose.

Chapter Fifteen: Life’s Masterpiece

The final chapter shifts from memoir to the author’s broader spiritual interpretation of life. She presents four universal laws: existence continues, all things are connected, energy attracts corresponding energy, and change is constant. She describes life as an experience through which consciousness explores possibility, with Earth’s apparent separation and forgetfulness making growth challenging. People, she argues, have an inner guide and can choose beliefs

and actions that move them toward love, while recognizing that their beliefs shape how they experience reality. The author addresses death, judgment, heaven and hell, suicide, self-love, emotion, and ascension through this framework. She argues that death is transformation rather than annihilation, and that judgment is ultimately self-judgment; compassion and forgiveness can help people release guilt and suffering. She encourages readers to acknowledge emotions without being controlled by them, and to understand love of self as part of love for others. The chapter concludes with practical instructions for clearing negative energy from a person or space, including visualization, prayer, Reiki, and smudging. Its closing image is life as a vast, evolving masterpiece: each individual is distinct, yet connected to the whole, and the book's central instruction is to remember that connection and choose love.

Notable Quotes

> *"You are all of them."*
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> *"Everything Is Alive, Everything Is Energy. You will want to remember that."*
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> *"Your children will always be looked after."*
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> *"If you do not leave, you will end up just like me."*
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> *"Everything will be okay."*
>
> *"What you do to one you do to all. Love your neighbor as yourself... because they are you."*

Full Summary

In 1967, just before her fourth birthday, Debora was told she would have her tonsils removed. At the hospital, a doctor held a cloth over her face, and, unable to breathe, she watched swirling colors appear in the darkness. Then she found herself speeding through a bright tunnel toward a source of light. Reaching it brought a feeling of total exposure—every detail of her known—and, at once, complete acceptance. "There is Love," she understood. In the light, she felt she belonged.

Memories and sensations from many lifetimes flashed through her, prompting the question, "Who am I?" A voice answered, "You are all of them." Translucent guides accompanied her into a garden where a sunflower greeted her and a drop of water reassured her that it was not lost when it joined a pond. Everything, the guides explained, was alive and energy. They showed her places of learning and contemplation, and a busy world of art, music, and activity. The music of the angelic choir could be heard whenever she attended to it; even colors

existed beyond the range human eyes could see on Earth.

The guides told her this was Earth's Heaven, the fifth dimension, while other dimensions existed beyond it. Debora felt immersed in an eternal present, peaceful and vividly real. Then she was told that a very important visitor was coming. A vast golden light appeared, holding a beautiful, kinglike figure who introduced himself as Sanat Kumara and called himself her Heavenly Father. His love was so complete that Debora wished to remain in his presence forever. He told her that her mission would succeed, though it would not always be easy, and that she would have help. Before leaving, he said she would need a trigger to remember the visit, then added, "Your children will always be looked after."

When it was time to return, Debora begged to stay. Her guides showed her mother weeping beside the hospital bed, and the sight of her mother's grief made the choice for her. She would go back. A girl named Nazrah appeared, delighted to see her and explaining that they would meet again on Earth when Debora was older. Debora returned to the hospital, where her mother was crying and her throat was bleeding. She tried to describe colors, flowers, and gold, but her family assumed she had dreamed them. As she tried to remember, the experience began to slip away.

After recovering from the operation, Debora began hearing thoughts that seemed to come from outside herself. An invisible guide identified himself as Many Tail Feathers and said he was there to watch over her. He predicted that a knife would fall from the counter, and it did. Debora tested another warning by giving her father a spoon she had been told would make him angry. His temper flared, though she later understood that the spoon was only a small excuse for an anger that could arise over something else.

Her family moved into an old house in Peterborough, where Debora and her brother sensed a presence in the toy room and on the stairs. A friendly girl who had died there sometimes seemed to warn Debora or offer information. One night the girl appeared beside her bed, transparent and frightened-looking to Debora, who fled downstairs. Her grandmother later told her that the girl had gone home. Debora also received messages about family events: she sensed that a baby her mother was expecting would not arrive, and later predicted another child would come when her brother was ten. Both impressions proved accurate. Yet when she tried to explain her guidance, her mother reacted with alarm, and Debora learned to keep much of what she knew to herself.

Other clues hinted at a past life among Native people. A western film's insulting use of "heathens" stirred an anger Debora could not explain until Many Feathers urged her to trust what she knew in her heart. While playing outside, she heard that a common weed was medicine. She also recalled, during a quarrel with her mother about keeping her hair short, blurting out, "But, I always have long hair." Afterward, she was allowed to grow it. At eleven, her grandfather showed her a book about near-death experiences. When he suggested she

might have had one, she remembered trying to tell her family about “the other place” in hospital. Her grandmother thought the memory would return when Debora was about forty.

As a teenager, she met Harmen, one of the two special men Many Feathers had foretold would enter her life. They married after she finished high school, and Debora felt a deep sense of peace and rightness with him. On their wedding day, Many Feathers warned her that her maternal grandmother would die “for one year.” Exactly a year after the wedding, her grandmother died of cancer. Debora was pregnant with her first child and grieved that her grandmother would never meet the baby. She later had three children—two sons with a daughter between them, matching her grandmother’s family—and felt she recognized each child from another life. A message about her daughter came simply: “Granddaughter.”

Family life was loving and stable, unlike the angry household Debora had known as a child. She and Harmen seldom fought, and their children grew up without the shouting she had once resolved to spare them. Yet amid the responsibilities of motherhood and home, Debora continued noticing premonitions, dreams, and reminders of other lives. A dream journey with Many Feathers took her to a Native community; he told her to remember “Montana.” The place stayed with her, though she did not yet understand why. Mourning doves also stirred a persistent melancholy and a sense of something forgotten.

Her mother’s breast cancer diagnosis in 1995 brought a devastating period of care and grief. Debora kept busy cooking and painting rooms, finally recognizing that activity was helping her avoid the pain of losing her mother. Her mother died in 1997, and the family’s losses and new births seemed to turn back upon one another—not a circle, Debora felt, but a spiral, returning to pivotal moments while life continued moving.

After her mother’s death, dimes began appearing in unexpected places. Debora and her sister Jeanette took them as signs that their mother was near; Debora even found one outside the hospital before a mammogram. She also began writing with a local group, producing poetry and stories, and later turned to painting. Creativity, she came to feel, kept her connected to her true self and opened a space for intuition and spiritual guidance.

Wanting to renew the spiritual communication she had known as a child, Debora joined a psychic development group. In meditation she saw Many Feathers’ face in a greenish orb and learned that she had been his wife in the Native life, named Wind Whisperer. Further meditation revealed a Blackfoot community in Montana, where a white boy called Pale Horse had been brought to live among them. Debora recognized him as Harmen. The boy had been rescued after a raid, and later died beneath a stampeding buffalo herd. Their daughter in that life, she understood, was the daughter she had in this one. These discoveries began bringing scattered memories into a larger pattern, while Debora continued building her spiritual practice and trying to understand the inner changes gathering within her.

As memories of her near-death experience returned, Debora felt not only wonder but an aching homesickness. The more clearly she recalled the garden, the light and the overwhelming peace, the more Earth seemed lonely and painful by comparison. Though she knew her life held a loving husband and three wonderful children, she sometimes heard of someone dying and thought they were fortunate to be going home. She could see why the memory had been hidden during childhood: carrying that contrast through the years of growing up would have been too hard. Now, at forty, she was struggling with it, especially because the mother whose grief had brought her back to Earth was gone.

A psychic reading finally unlocked the memory of meeting Sanat Kumara. When the medium repeated the words, “Your children will always be looked after,” Debora remembered the golden light, the beautiful being who had told her she was his daughter, and his promise that her mission would succeed. Finding pictures and information about him helped complete the account of her experience. She came to understand her work as part of a broader awakening: helping people remember their spiritual nature beneath what she called the veil of forgetfulness.

At the same time, her nursing-home job no longer felt right. She still valued helping residents, but felt increasingly certain that her time there had ended. A trip to Florida with Harmen for their twenty-fifth anniversary sharpened her unease. The cruise they had long planned was beautiful, but she felt bored and could not find the sense of purpose she had expected. As they prepared to fly home, an unfamiliar male voice seemed to come through like a poorly tuned radio: “Your marriage is over.” She rejected the message, but could not forget it.

Before a scheduled hysterectomy, Debora also felt she would leave her body during surgery. As the operation began, she watched from above and heard the surgeon remark that what they had found explained her longstanding symptoms. Rather than stay to learn more, she chose to travel elsewhere, later remembering only a conversation with a guide named Martha, who asked whether she was sure she could leave her marriage. Debora said she could. Hovering over her body in recovery, she noticed bright blue light around herself and encountered a dim, grayish spirit. She offered to help him reach the light, and he promised to appear so she would remember him. A week later he showed himself beside her bed.

During recovery, Debora found an online community of spiritual seekers and joined group meditations. She began exchanging messages with David, an American who lived in Tucson and studied sacred geometry. His photograph stirred an immediate recognition, though she also sensed something troubling in their connection. She could feel his moods so strongly that his loneliness and depression seemed to overwhelm her. When she sent him a photograph of a silver ring with an interwoven Merkaba design, a matching ring became strangely important. She was prompted to buy another one, and given the words “wedding ring,” though she was already married. Meanwhile, a woman named Raphael contacted Debora, and their meeting

revived the memory of the sister she had met during her childhood near-death experience.

The next months brought mounting depression and a feeling that part of Debora was dying. She and Harmen still loved and respected each other, but the shared goals that had sustained their marriage seemed to have run their course. Their grown children were building independent lives, while Debora's spiritual interests and creative work took her in directions Harmen did not share. She felt alone even when they were together. As she and David spoke more often, the call of mourning doves took on new meaning. During a conversation in which David spoke a spontaneous visualization, Debora heard the birds in the background in distant Arizona and understood their melancholy call as a reminder of their past separations. Her mother appeared in meditation and urged her to leave, warning that if she stayed she would end up as unhappy as her mother had been.

Convinced she needed a new life but terrified of hurting her family, Debora secretly booked a flight to Arizona. At the airport, U.S. Customs refused to let her travel because she had no return ticket, no job and no rent to pay. Humiliated and forced to call her daughter, she could no longer conceal what she had been planning. Her husband and children believed she was having a breakdown and urged her to return to the life they all knew. Debora understood their shock, but could not make herself go back emotionally. She felt tested to trust her own judgment, even when the choices she felt compelled to make looked irrational to others. Her meeting with David was postponed, and the separation from her family became a long, painful period of uncertainty. A spiritual wedding in an out-of-body experience reinforced her conviction that their bond had already been made beyond the legal world, though she remained legally married to Harmen.

Seeking work she could build around her spiritual interests, Debora trained in hypnosis and past-life regression. In one regression she saw an early life in Africa, where she had been a man killed in a dispute over hunting territory; she believed her wife in that life was her mother now. In another, she and David had lived together in England around 1800. She died after giving birth to their daughter, leaving him devastated; she sensed that the child had become David's first wife in his present life. Recalling other shared lives—including the Native life she had already begun to uncover—helped her understand their recurring separations and the sorrow attached to them.

A particularly painful memory concerned a primitive, cold-climate life in which Debora had wanted David, while a larger, stronger Harmen claimed her. David left rather than fight, and Debora felt helpless, with no say over her own future. She recognized the same feeling in being turned away at the airport. The memory seemed to explain why that obstruction had been so emotionally charged: circumstances had repeated themselves so she could face and heal the old wound. She later regressed David without telling him what she had seen. He independently described the English stone house, his anxious pacing, and the loss of a

beautiful woman, confirming the shared memory. Debora began seeing clients and helping them explore the past as a way to understand present conflicts and find healing.

As David drove across the country to meet her, his family revealed that the man he had believed was his father could not have been. His sister Rosie explained that their mother had already been pregnant during the visit said to have led to his conception. The likely father was John Love, a family friend connected to a place called Love's Camp. While Debora received the repeated message that David "is love," she did not yet know the family's explanation; the coincidence gave the words a startlingly personal meaning.

Debora also remembered a pre-life "Viewing Room," where she and Harmen had reviewed events they would share. He had chosen to accept a difficult karmic challenge connected to an ancient life in which he had driven David away. Debora had forgiven Harmen then, but now understood that their later separation would bring him the helplessness she had once felt, while giving her and David a chance to be together. The memory did not make the coming change easy, but made its purpose clearer.

When David finally arrived in Ontario, they met in Jackson Park, where they walked, held hands and kissed. Their reunion was joyful and disorienting, as if reality briefly kept slipping between their old lives and their new one. They spent May and June in a small cottage by Chemung Lake, sharing long walks, swims and the pleasure of learning one another in person. Debora's family remained hurt and distant, but she and David were determined to build a life together. Their matching Merkaba ring was finally found in the silver shop, and she began to recognize the apartment and house visions that would guide her next steps. Before David had to return to the United States, a sudden spell of severe vertigo left her unable to stand without the room spinning. Her guides had warned her of an unavoidable energetic change; she recovered over several days, though milder episodes followed. When their summer together ended, she returned to the family home to prepare it for sale. Each load of belongings removed seemed to lift some of the old life's weight. After a meditation showed her a spacious ground-floor apartment with high ceilings, wooden floors and a stained-glass window, she waited for the place she could recognize. A newly posted listing led her to an old red-brick house in Peterborough. Inside, she found the very large living room, the distinctive window and the details she had seen in her vision. The landlord agreed to rent it to her.

Once the apartment was hers, Debora cleaned it thoroughly, restored the old floors and appliances, and gradually moved in. She joined a new psychic-development class and found friends through a Spiritualist group, while learning to live alone for the first time. Her growing sense of possibility was interrupted in December when Harmen told her that his younger brother, Mike, had died by suicide. Debora went to comfort her friend Cindy, Mike's former partner, and later attended the funeral beside Harmen and their children. At Christmas, she prepared one last family dinner in the house where the children had grown up, then returned

to bless the empty rooms with love for the people who would live there next. Her mother's presence continued to reach her in unexpected ways: on her mother's birthday, a computer message appeared in bright red type, "I love you." Debora understood it as a greeting from beyond.

New acquaintances also seemed to arrive carrying shared histories. In a regression, her friend Danny recalled a life in which he had been a father and Heather, his partner, his daughter; Debora recognized herself as the mother who had been taken away and executed as a heretic. Such memories, she believed, revealed how bonds could persist while people's roles changed. A snowy drive brought another improbable turn: after her niece Shelby's request for a ride prompted Debora to go out, her car was struck in a parking lot and written off. Searching for a replacement, she found the burgundy car she had once wished for, at the dealership she had just visited, marked down enough to be affordable. She took the timing as a nudge toward a fresh start. Meanwhile, her divorce papers arrived on March 11, 2011—the day of the major earthquake in Japan—a coincidence she found meaningful.

David flew to Canada in May, and their reunion began with another collision: a car struck Debora's vehicle from behind shortly after she picked him up. Once the damage was handled, they turned to planning a small outdoor wedding in Jackson Park, where they had first met in person. Debora wore the pale-yellow dress she had borrowed from her sister Jeanette, fulfilling a long-ago impression that she would marry in that dress. Around thirty people came, though most of Debora's family stayed away; her daughter Deanna attended, despite the pain and divided loyalties the occasion brought. The couple exchanged vows in a ceremony shaped by a rose ritual from Neale Donald Walsch's Conversations with God, then honeymooned at a cottage near Algonquin Park. They built a life from spiritual work, David's writing and ministry studies, and practical jobs, while gathering the extensive documents required for his Canadian residency. Debora also cared for Aunt Rhea, helping as Rhea's health and independence declined.

Debora's work with Natalie, a spiritually perceptive twelve-year-old, became a demanding form of service. She and her friend Sherry helped the girl understand her experiences, set boundaries with spirits, and use Reiki. Their connection deepened as memories emerged of a life during the French Revolution: Sherry had sheltered Debora, then a frightened young girl, and left her own baby with her to raise. The child was Natalie; a soldier who later married Debora had a young son, David. Debora saw the remembered trauma and the present-day relationships as part of a healing pattern, with old bonds returning in new forms.

As Debora began sensing a move from Peterborough, visions suggested a house with a garden deck and large trees. When she contacted Earth and Sky Connection in Barrie, its owner, Tamare, told her she had a house matching Debora's impressions. Their meeting confirmed the fit, and on the drive to dinner they saw a double rainbow arching over the

city—the same welcoming sign Debora had envisioned years earlier. They moved to Barrie in January 2013, to a house on Rose Street, a name that echoed her mother Rosanne's nickname. Aunt Rhea later died back in familiar surroundings, with Debora's sister Michelle beside her; David officiated at the memorial. Their work in Barrie proved financially difficult, but Debora continued helping people through readings, Reiki, regression, and spirit clearings, while David ran a handyman business and wrote. She came to understand that some distressed people might be carrying "lost" spirits, and that reassurance, prayer, and an invitation toward love could help both spirit and person. In time, their mortgage and businesses stabilized. Debora and David visited his family in Arizona and Indiana, where they met his ailing sister Rosie; months later, his beloved brother and mentor Kenneth died. Debora heard Kenneth's reassuring voice soon afterward. Their children gradually rebuilt their relationship with her, and she completed an album of spiritually inspired songs, Love Will Find a Way.

Looking back on more than fifty years since her near-death experience, Debora says that guidance has never been absent, though she is still learning not to doubt her own inner voice. She presents intuition as a capacity anyone can nurture by paying attention and listening inwardly, and she sees life as a living map that helps each person find a meaningful path. Drawing on ideas she had encountered through channeling, she describes four universal laws: existence continues as energy changes form; all things are expressions of one whole; the energy people put out shapes what they experience; and change is life's constant. To her, life's purpose is experience, and each person's path is unique. People may choose again when their beliefs no longer serve them; fear-based assumptions foster separation, while love and unity offer another way to live.

Death, in this view, is transformation rather than annihilation, and judgment ultimately comes from the self. Debora believes people can review their choices, release self-condemnation, and avoid imposing suffering on themselves or others through an insistence on karmic repayment. She extends that view to grief, suicide, and illness: pain deserves compassion, while emotions should be acknowledged without being mistaken for commands. She describes ascension as a collective raising of consciousness toward greater care for the Earth and one another, and offers practical prayers and visualizations for clearing unwanted spiritual energy from a person or place. Her final image is of existence as an ever-changing tapestry: every life has value, and nothing is truly lost. The drop that joins the pond is not gone; it is "just in with the rest." For Debora, remembering that all beings are connected is the heart of her message. Love is not confined to one family, marriage, lifetime, or side of death: it is the reality that can turn even separation and change into part of life's continuing masterpiece.

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